

tell us how often
we do an activity.





Adverbs of frequency

come before the main verb



I usually go to school by bike.

He never drinks coffee for breakfast.



We use "How often" when
we want to know how
regularly someone does
something.

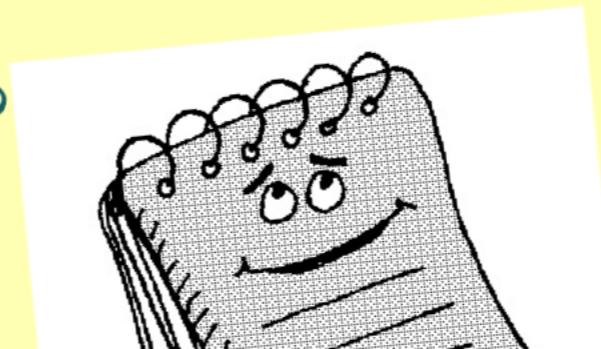
We can answer "How often...?" questions using adverbs of frequency.

... do taekwondo?
I never do taekwondo.

... study for your exams
I seldom study for my exams.

How often do you...

... do you brush your teeth?
I always brush my teeth.



... play football?
I often play football.

But we can use other
expressions of time to answer
"How often...?" questions.

How often...

... does she go to the cinema?
Once a week.

... do you have a shower?
Every day.

... do you phone your friend?
Four times a day.

... do they go on holidays?
Once a year.

... does Peter go to piano lessons?
Twice a week, on Mondays and Wednesdays.



let's practise!

Put the word in brackets () in the correct place:

- 1-Carl goes out with his friends. (always)
 - 2-Tanya and her dad play and sing together. (sometimes)
 - 3-They have lunch at a fast food restaurant. (usually)
 - 4-They meet at their local shopping centre. (often)
 - 5-Tanya uses the computer. (rarely)
 - 6-Pam plays the guitar. (never)
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